



There's happiness in community. There's confidence in security.

AND THERE'S ONE PLACE TO EXPERIENCE IT ALL - HAMILTON TRACE.

Hamilton Trace provides an inspirational lifestyle designed to cater to the specialized needs and wants of our residents. Here, you'll find highly trained professionals and an unmistakable feeling of home. Designed to engage and encourage residents in all areas of life, we're building a legacy of consistent care and commitment.

Throughout our 34-acre campus, you'll find a difference in philosophy that embraces the balance between home and care — we know family comes first and we live by that. Touching every aspect of life at our community, we work together with loved ones to create a plan for enriching each day and maximizing independence as much as possible. Simply put, life is better here.



11851 Cumberland Road  
Fishers, IN 46037  
Phone: 317-813-4444  
The Reserve: 317-813-7777  
[www.HamiltonTrace.us](http://www.HamiltonTrace.us)

- Putting family first in all that we do:
- Independent Living Cottages and Apartment Homes
  - Assisted Living
  - Rehabilitation
  - Long-term Care
  - Memory Support







## The Reserve

Cottages & Independent Living Apartments

### The Cottages services and amenities include:

- Spacious 2 and 3-bedroom cottages with full kitchen, walk-in closets, attached garage and patio
- Washer and dryer hookups
- Bi-weekly housekeeping
- Lawn and home maintenance — including snow removal
- Sewer and water
- Garbage removal
- Monthly Wellness Clinic
- Emergency response system
- Scheduled transportation for outings and medical appointments
- Access to social, cultural and educational programs and activities

### Apartment Homes services and amenities include:

- Private apartment homes including full kitchen with stove, microwave and dishwasher
- Flexible meal program with open dining from 7am - 7pm (including continental breakfast and monthly meal allowance)
- All utilities except telephone
- Cable TV and WiFi included
- Bi-weekly housekeeping and flat linen service
- Washer and dryer in every apartment
- 24-hour emergency call service
- Scheduled transportation for outings and medical appointments
- Daily social events and programs
- Monthly Wellness Clinic
- Access to beauty and barber shop

## Enriching the Everyday

Assisted Living

A little extra help means something different for everyone — but at Hamilton Trace, it always means individualized care that doesn't interrupt life. Starting with a personalized care plan in which each resident and their family are directly involved, we'll provide just the right amount of assistance, right when you need it.

### Assisted Living Services and Amenities Include:

- Private apartment
- Three delicious restaurant-style meals served daily
- All utilities (including phone and cable television)
- Free WiFi in every apartment
- 24-hour emergency call service including pendants and 2-way voice communication
- Weekly housekeeping
- Weekly flat linen service
- Washer and dryer in every apartment
- Social, cultural, and educational programs and activities
- Scheduled transportation for outings and medical appointments
- Licensed nurse on-site 24-hours a day
- Individualized care assessment and development of personalized plan of care
- Apartment maintenance

## Family First

A Unique Approach to Care

Family first is our philosophy at Hamilton Trace, an approach that goes back to 1977, when CarDon & Associates was first established. As a member of the CarDon family of senior living communities, which now extends throughout south-central Indiana, Hamilton Trace encourages family members to become involved with each resident's personal care plan.

Throughout every level of care we offer – independent living, assisted living, rehabilitation, long-term care and memory support — we ensure a better quality of life each day for our residents, by treating them as we would our own loved ones. So regardless of needs, every individual is able to get the most out of each day.



The CarDon family:  
Kathy, Stephen, Dan and David

## Maximizing Capabilities

Skilled Nursing & Rehabilitation Care

Enabling residents to reach an optimum level of functioning, while exceeding their expectations, is the goal of our Specialized Therapeutic and Rehabilitative Services (STARS) program.

### Rehabilitation services include:

- Private suites with full bathroom and private shower
- Individualized care assessment and personalized care plan
- Physical, speech, occupational and respiratory therapies
- Three delicious meals daily, plus snacks
- Beauty salon and barbershop
- Large therapy gym with Home Transition area
- Medicare-certified
- Daily planned activities and programs
- Most insurances accepted, along with private pay

## Specializing in Support

Memory Support

Supported by specially trained staff and an innovative design for care, those facing memory loss challenges are able to enjoy life more at Hamilton Trace.

### Memory Support Services and Amenities Include:

- Private suites with full bathroom and shower
- 24-hour care provided by licensed staff members trained specifically in working with individuals with memory loss
- Three family-style meals served daily, plus snacks
- Medication administration and management
- Secured outdoor courtyard
- Daily scheduled activities
- Housekeeping and personal laundry service